



DEPARTMENT OF
ECONOMIC SECURITY

Division of Developmental Disabilities

COMMUNITY RESOURCE GUIDE


Contents


Community Resources	4
Community Information and Referral Services	16
Community Resources	17
Assistance with Care Directives, Directive Forms, Information, and Related Legal Matters	19
Legal Aids	20
Advocacy Organizations	22
Behavioral Health Advocates and Advocacy Systems	23
ALTCS Advocacy	26
Tobacco Cessation	28

AHCCCS

My AHCCCS online (www.healtharizonaplus.gov) allows AHCCCS members to view their own active healthcare and health plan enrollment for the following services:

- View a two-year history of eligibility
- Enrollment information
- Link to their active health plan websites
- Individuals correct address

 801 E. Jefferson St.
Phoenix, AZ 85034


 855-432-7587
602-417-4000

In-State toll free: 800-654-8713
TTY/TDD 1-800-842-6520

 <https://www.azahcccs.gov>



AHCCCS Housing and Health Opportunities (H2O) Program

The goal of H2O is to help individuals on AHCCCS who are homeless or at risk of becoming homeless.

 <https://www.azahcccs.gov/Resources/Federal/HousingWaiverRequest.html>



AHCCCS Office of Individual and Family Affairs (OIFA)

The AHCCCS Office of Individual and Family Affairs (OIFA) promotes recovery, resiliency, and wellness for individuals with mental health and substance use challenges. Each OIFA team member has lived experience with behavioral health challenges, either from their own experiences of recovery or from directly supporting someone through their recovery.

 OIFA@azahcccs.gov
 <https://www.azahcccs.gov/AHCCCS/HealthcareAdvocacy/OIFA.html>


Alzheimer's Association

The Association disburses information on Alzheimer's Disease and dementia: Information on dementia symptoms, diagnosis, stages, treatment, care and support resources.

 800-272-3900
 <https://www.alz.org/>


Area Agency on Aging (AAA)


A nonprofit agency that assists the needs of Arizona by identifying the needs of services for adults aged 60 years and older and for persons with disabilities in need of long-term care.

 <https://des.az.gov/services/older-adults/area-agency-on-aging-locations>

Arizona Aging and Disability Resource Center (ADRC)

The ADRC was created to help Arizona seniors, people with disabilities, and caregivers and family members locate resources and services that meet their needs.

 602-542-4446
888-737-7494
TTY/TDD 711

 <https://azdaars.getcare.com/consumer/>


Arizona@Work


ARIZONA@WORK is the statewide workforce development network that helps job seekers throughout the state, by providing services and resources to pursue employment opportunities.

 <https://arizonaatwork.com>

Arizona Department of Child Safety



In charge of protecting Arizona's children to include primary prevention, partnerships with other family-serving agencies and organizations, and community health

Arizona's Statewide Toll-Free Child Abuse Hotline:
 1-888-SOS-CHILD (1-888-767-2445)
602-255-2500

 <https://dcs.az.gov/>


Arizona Adult Protective Services

A program within the Arizona Department of Economic Security (DES) Division of Aging and Adult Services that investigates allegations of abuse, exploitation, and neglect of vulnerable adults.

 877-767-2385
 <https://des.az.gov/services/basic-needs/adult-protective-services>

Arizona Department of Economic Security


DES works with families, community organizations, advocates and state and federal partners to realize a collective vision that every child, adult, and family in the State of Arizona will be safe and economically secure. DES works to promote enhanced safety and well-being for Arizonans by focusing on three primary goals: strengthening individuals and families, increasing self-sufficiency, and developing the capacity of communities.


 **Division of Developmental Disabilities:**
844-770-9500 ext. 1, ext. 2 (Spanish)
Nutrition Assistance:
855-432-7587
Adult Protective Services:
877-767-2385
Aging and Adult Services:
602-542-4446


 <https://des.az.gov/>

Arizona Department of Health Services


Arizona Department of Health Services provides information about cancer; diseases; filing a complaint; genealogy; health screenings; healthy babies; healthy living; licenses and certificates; medical marijuana; mental health; obesity prevention; summer safety; and vital records.

 150 N. 18th Ave.
Phoenix, AZ 85007

 602-542-1025


 <https://www.azdhs.gov/>


**24 Hour Breastfeeding and
Pregnancy Hotline:**


 800-833-4642

Arizona Department of Health Services –Office of Children and Youth with Special Health Care Needs (CYSHCN)

Children and Youth with Special Health Care Needs (CYSHCN) continues working to improve systems of care; provide information and referrals to families who would like assistance in finding the services available to their child; provide training to families and professionals on best practices related to medical home, cultural competence, and transition to adulthood and family and youth involvement; and support telemedicine to provide services in remote areas of the state.


 602-542-1860


 CYSHCN@azdhs.gov


 <https://directorsblog.health.azdhs.gov/tag/office-of-children-with-special-healthcare-needs/>

Arizona Early Intervention Program (AzEIP)

The Arizona Early Intervention Program (AzEIP, pronounced Ay-zip), helps families of children with disabilities or developmental delays age birth to three years old. The program provides support and can work with children's natural ability to learn.

 1789 W. Jefferson St.,
Phoenix, AZ 85007-3202


 602-532-9960 or
844-770-9500 (Option 5)
Referrals: 888-592-0140


 <https://des.az.gov/azeip>


Arizona Head Start and Early Head Start


Head Start programs promote the school readiness of infants, toddlers, and preschool-aged children from at-risk families. Services are provided in a variety of settings including centers, family childcare, and children's own home.

Head Start programs also engage parents or other key family members in positive relationships, with a focus on family well-being.

 P.O. Box 45483
Phoenix, AZ 85064



 602-338-0449

 AZHeadStart@azheadstart.org

 www.Azheadstart.org



Arizona Poison and Drug Information Center

Provides immediate life-saving information and medical expertise for medication errors, chemical spills, product misuse, occupational exposures, suicide attempts, pet poisonings and other urgent situations.

 800-222-1222
 <https://azpoison.com/>

Arizona Sexual and Domestic Violence Helpline




A local hotline that victims of sexual and/or domestic violence can call for help.

 (602) 279-2980
 <https://arizonasurvivors.org/>

Arizona Statewide Independent Living Council




Centers for Independent Living are consumer-controlled, community-based, non-profit corporations that provide programs and services for people with all types of disabilities and their families.

Centers for Independent Living also serve as a strong advocacy voice on a wide range of national, state, and local issues. They work to assure physical and programmatic access to housing, employment, transportation, communities, recreational facilities, and health and social services for people with disabilities to fully participate in an integrated community and search for the possibilities to live as they choose. Many CILs offer a wide range of programs and services.

 10720 W. Indian School Rd,
Ste 19 #1006
Phoenix, AZ 85037
 602-262-2900
 www.azsilc.org





Arizona Suicide Prevention Coalition (for teens)

The Mission and Vision of the coalition is to reduce suicidal acts in Arizona, to change those conditions that result in suicidal acts in Arizona through awareness, intervention, and action.

 c/o Teen Lifeline
 602-248-TEEN (8336)
Outside Maricopa County:
800-248-TEEN (8336)
 <https://teenlifeline.org/>



Arizona Commission for the Deaf and Hard of Hearing

The Arizona Commission for the Deaf and the Hard of Hearing has been committed to improving the quality of life for the Deaf for over 35 years! Services span across all facets such as sharing Deaf-related resources, advocating for one's communication needs, training both private and public service providers, and providing consultation on community needs.

 100 N 15th Ave #104
Phoenix, AZ 85007
 602-542-3323
 info@azdhh.org
 <https://www.acdhh.org>

AZLINKS

AzLinks.gov is maintained by the Arizona Department of Economic Security (DES), Division of Aging and Adult Services (DAAS). AzLinks.gov offers assistance and information on aging and disability. Use AzLinks.gov to plan for the future or to handle an immediate need for seniors, people with disabilities, caregivers, friends, family members, and professionals assisting others.

 602-542-4446
 www.AzLinks.gov


24-Hour Breastfeeding and Pregnancy Hotline

Available through the Arizona Department of Health Services.

 1-800-833-4642
 <https://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php#mom-home>

The Arc of Arizona

The Arc of Arizona advocates for the rights and full community participation of all people with intellectual and developmental disabilities.

 602-234-2721
 <https://www.arcarizona.org>

Child and Family Resources

Programs include:

- Child Care Resource & Referral for parents to call to get a list of childcare centers.
- The Center for Adolescent Parents gives teen mothers the chance to earn a high school diploma or GED while receiving free, on-site childcare.

 **Phoenix:** 602-234-3941
Tucson: 520-458-7348
Sierra Vista: 520-458-7348
 www.ChildFamilyResources.org/contact-us
Other phone contacts on website under Contact Us.


Child Care Resource and Referral

Child Care Resource and Referral (CCR&R) provides the bridge between parents, providers, community leaders, and policymakers about anything related to child care in Arizona.

 800-308-9000
 www.azccrr.com



Children's Rehabilitative Services (CRS)

Arizona created the CRS program to help children with complex health care needs. Members enrolled with DES/DDD can use their DDD plan for all CRS and non-CRS health needs.

 <https://www.azahcccs.gov/AHCCCS/Initiatives/CareCoordination/CRS.html>



Count the Kicks

Count the Kicks is an evidence-based program that teaches expectant parents about the importance of tracking fetal movements.

 info@countthekicks.org
 <https://countthekicks.org>

Division of Developmental Disabilities CARES Administration Office of Individual and Family Affairs

CARES stands for Community, Advocacy, Resolution, Engagement, and Support. The DDD CARES Administration includes Subject Matter Experts (SMEs) who provide education, guidance and assistance on a variety of topics. Some topics include advocacy, affordable housing, and benefits, among others. The CARES Administration has an Office of Individual and Family Affairs (OIFA) within it.

 1-844-770-9500 option 1
 ddoifa@azdes.gov
 <http://des.az.gov/ddd/oifa>
<https://des.az.gov/ddd/cares>

Disability Benefits 101

DB101 helps people with disabilities and service providers understand the connections between work and benefits. DB101 provides information to learn about benefits programs and rules around work, calculators to get results tailored to plan and set goals or work, tips for success for individual situations, provide experts to find answers to your questions, and connect to community resources to help understand your next steps and situation.

 <https://az.db101.org/>

Dump the Drugs AZ

Through the Arizona Department of Health Services. This program provides an application How-to-Guide to find locations to dispose of unused or unwanted prescription drugs. The application displays all drop-off locations in Arizona and enables the user to receive directions to the nearest drop-off location.



<https://www.azdhs.gov/gis/dump-the-drugs-az/>

Family Involvement Center

Family Involvement Center is a not-for-profit, family-directed organization founded in 2001. The majority of employees and each member of the Board of Directors have personal life experience raising children with emotional, behavioral, and/or mental health challenges. Services include parent training, resources, and support.



Statewide toll-free:

877-568-8468

Phoenix: 602-412-4095

Prescott Valley: 928-379-5077

Flagstaff: 928-440-6180

Tucson: 520-404-0032



www.familyinvolvementcenter.org

First Things First

First Things First is an Arizona voter-initiated, statewide organization that funds early education and health programs to prepare young children to succeed in kindergarten and beyond.



4000 N Central Avenue, Suite 500
Phoenix, AZ 85012



602.771.5100



<https://www.firstthingsfirst.org/>

Federal Health Insurance Marketplace

Insurance marketplace created by the Affordable Care Act. Individuals who lose coverage through Medicaid or CHIP or who cannot get coverage through their employer can purchase health insurance coverage. Affordable Care Act insurance marketplace.



800-318-2596



www.healthcare.gov

Health-E-ArizonaPlus

Connecting individuals and families to coverage, benefits and services.







855-432-7587



www.healtharizonaplus.gov


Healthy Families

This program helps mothers have a healthy pregnancy and also assists with child development, nutrition, and safety. Pregnant members receive information through home visits that include help with any concerns that she might have. The program starts while the member is pregnant and can continue through the time that the baby is 5 years old.

-  **Healthy Families Arizona:**
<https://www.healthyfamiliesaz.org/>
-  **Southwest Human Development:**
<https://www.swhd.org/programs/health-and-development/healthy-families/>
-  **Child and Family Resources:**
<https://www.childfamilyresources.org/healthy-families/>
-  **Coconino County:**
<https://coconino.az.gov/239/Healthy-Families>

Low Income Housing Services

The Housing Authority of Maricopa County improves the quality of life of families and strengthens communities by developing and sustaining affordable housing programs. The Housing Authority works to become a leading housing authority by exemplifying best practices, offering innovative affordable housing programs, and expanding accessibility throughout Maricopa County.

-  **Maricopa Housing Authority**
8910 N. 78th Ave., Building D
Peoria, AZ 85345
-  602-744-4500
-  <https://maricopahousing.org/>


Mentally Ill Kids in Distress (MIKID)

Mission and Vision is to reduce suicidal acts in Arizona, to change those conditions that result in suicidal acts in Arizona through awareness, intervention, and action.

-  **Phoenix:** 602-253-1240
- Tucson:** 520-882-0142
- Nogales:** 520-377-2122
- Yuma:** 928-344-1983
- Bullhead City:** 928-704-9111
- Casa Grande:** 520-509-6669
- Kingman:** 928-753-4354
- Sierra Vista:** 602-253-1240
-  <https://www.mikid.org/contact>



National Alliance on Mental Illness (NAMI)

The National Alliance on Mental Illness is dedicated to building better lives for the millions of Americans affected by mental illness. NAMI provides education programs to help families get the support and information they need, provide free referrals, and raise public awareness to those in need.

 800-950-6264
Text "Helpline" to 62640
Chat: nami.org/help
In crisis: Call or text 988
 www.nami.org



National 988 Suicide and Crisis Hotline

Offers free 24 hour hotline available to anyone in suicidal crisis or emotional distress.

 Call or text: 988
Chat: 988lifeline.org/chat/
 <https://988lifeline.org/>



National Maternal Mental Health Hotline

The National Maternal Mental Health Hotline provides 24/7, free, confidential support before, during, and after pregnancy.

 1-833-852-6262
 <https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

National Substance Use and Disorder Issues Referral and Treatment Hotline




A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

 Phone: 1-800-662-4357
TTY: 1-800-487-4889
 <https://www.samhsa.gov/find-help/national-helpline>

Northern Arizona Council of Governments (NACOG)

A nonprofit corporation representing local governments to provide a wide variety of services within Apache, Coconino, Navajo and Yavapai Counties.

NACOG staff works with local governments to address similar issues faced by the communities within the region.

 119 East Aspen Avenue
Flagstaff, AZ 86001
 (928) 774-1895
 <https://nacog.org/>

Opioid Assistance and Referral Line

Confidential advice and services available 24 hours a day, 7 days a week. Staffed by certified nurses and pharmacists.



888-688-4222



<https://www.bannerhealth.com/-services/poison-drug-information/-opioid-assistance>

Postpartum Support International

Provides access to information, social support, and informed professional care to deal with mental health issues related to childbearing. PSI promotes this vision through advocacy and collaboration, and by educating and training the professional community and the public.



800-944-4773



<https://www.postpartum.net/>

Power Me A2Z

Service provided by the Department of Health Services that provides folic acid education and a vitamin distribution program that promotes healthy living and prevents birth defects in eligible women.



<https://www.azdhs.gov/powermea2z/>

Raising Special Kids

Arizona's family to family health information center, Raising Special Kids, is a non-profit organization of families helping families of children with disabilities and special health needs in Arizona. It provides information, training, and materials to help families understand and navigate systems of care. Parents are supported in their leadership development as they learn to advocate for their children. Raising Special Kids promotes opportunities for improving communication between parents, youth with disabilities, educators, and health professionals. All programs and services are provided to families at no cost.



5025 E. Washington St., Suite 204
Phoenix, AZ 85034



800-237-3007

Phoenix: 602-242-4366

Tucson: 520-441-4007


Yuma: 928-444-8803



<https://raisingspecialkids.org>




Strong Families Arizona

Strong Families AZ is committed to helping families, particularly by providing help for new parents with young children and pregnant people. Strong Families AZ has a number of home visiting programs designed for different needs, including low income families, parents who have children with developmental disabilities, parents interested in learning how to monitor the progress of their child's mental and physical development, and more.

 <https://strongfamiliesaz.com/program/healthy-families-arizona/>



Southwest Human Development

The Birth to Five Helpline offers information and advice about parenting and the early development of children from birth to age 5 such as difficult behaviors, potty training, child development, sleep, colic, fussiness, feeding and nutrition, general parenting questions and more. The Fussy Baby Program is a component of the Birth to Five Helpline and helps families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems, and feeding difficulties during the child's first year of life.

 602-266-5976
Birth to Five Helpline,
Fussy Baby
 877-705-5437 (KIDS)
 <https://www.swhd.org/>


StrongHearts Native Helpline

A 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native Americans and Alaska Natives, offering culturally-appropriate support and advocacy.

 1-844-7NATIVE (762-8483)
 <https://strongheartshelpline.org/>

Vaccines for Children (VFC)

The Vaccines for Children (VFC) Program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of an inability to afford vaccines.

 <https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#program-overview>



Vocational Rehabilitation

The Vocational Rehabilitation program provides a variety of services to persons with disabilities with the ultimate goal to prepare for, enter into, or retain employment.

 <https://des.az.gov/vr>



Women, Infants, and Children (WIC)

The Arizona Women, Infants, and Children Program (WIC) provides Arizona residents with nourishing supplemental foods, nutrition education, and referrals. People who use WIC are women who either are pregnant, breastfeeding, or have just had a baby; and infants and children who have nutritional needs and families who meet income guidelines.

 **WIC:**
800-252-5942
 <https://www.azdhs.gov/prevention/azwic/>

Arizona Food Bank Network

The Arizona Food Bank Network represents regional food banks and pantries around the state and can help you find the nearest emergency food option to you.

 602-528-3434
 <https://azfoodbanks.org/>

Supplemental Nutrition Assistance Program

Supplemental Nutrition Assistance Program (SNAP) provides eligible households with monthly benefits they can use to purchase nutritious food.

 <https://des.az.gov/na>



Arizona Commodity Senior Food Program (CSFP)

The Commodity Senior Food Program (CSFP) works to improve the health of low-income persons who are at least 60 years of age by supplementing their diets with a monthly package of nutritious food at no cost.

 <https://des.az.gov/senior-food-program>



Arizona Coalition for Military Families

The Arizona Coalition for Military Families is a nationally recognized public/private partnership focused on building Arizona's statewide capacity to care for, serve and support service members, veterans, their families and communities.

 602-753-8802
 <https://arizonacoalition.org/>

Be Connected

Connecting Arizona service members, veterans, families & helpers to information, support and resources.

 1-866-429-8387
 <https://www.beconnectedaz.org/>

Arizona 2-1-1

Community Information and Referral to help find many community services.

Some examples of the community services are:

- Food banks
- Clothes
- Shelters
- Assistance to pay rent and utilities
- Health care
- Pregnancy health
- Support groups
- Counseling
- Help with drug or alcohol problems
- Financial help
- Job training
- Transportation
- Education programs
- Adult day care
- Meals on Wheels
- Respite care
- Home health care
- Transportation
- Homemaker services
- Childcare
- After school programs
- Family help
- Summer camps
- Play programs
- Counseling
- Help with learning



Dial 2-1-1

Toll free 877-211-8661

Arizona Relay callers: 7-1-1





<https://211arizona.org/>

Community Resources



 **A. T. Still University**
5855 E. Still Cir.
Mesa, AZ 85206
 480-248-8100
 <https://www.atsu.edu/arizona-school-of-dentistry-and-oral-health/dental-clinics>



 **Desert Senita Community Health Ctr.**
410 Malacate St.
Ajo, AZ 85321
 520-387-5651
 desertsenita.org/



 **El Rio Dental Clinics**
www.elrio.org

 **Center of Opportunity**
4550 S. Palo Verde Rd
Tucson, AZ 85714
 520-670-3909



 **Cherrybell**
1230 S. Cherrybell Stravenue
Tucson, AZ 85713
 520-670-3909


 **Congress**
839 W. Congress St.
Tucson, AZ 85745
 520-670-3909

 **El Pueblo**
101 W Irvington Rd #10
Tucson, AZ 85714
 520-670-3909

 **Grant**
3655 E. Grand Road
Tucson, AZ 85716
 520-670-3909

 **HealthOn University**
434 E. University Blvd.#100
Tucson, AZ 85705
 520-309-4250


 **Northwest**
340 W. Prince Rd.
Tucson, AZ 85705
 520-670-3909


 **Pascua Yaqui**
7490 S. Camino De Oeste
Tucson, AZ 85746
 520-670-3909


 **Southeast**
6950 E. Golf Links Rd.
Tucson, AZ 85730
 520-670-3909


 **Southwest**
1530 W. Commerce Ct.
Tucson, AZ 85746
 520-670-3909


Mountain Park Dental Clinic


 Christown Pediatric Clinic
5517 N. 17th Ave.
Phoenix, AZ 85015


 Baseline 635
635 E. Baseline Rd.
Phoenix, AZ 85042


 Baseline 303
303 E Baseline Rd.
Phoenix, AZ 85042


 Gateway Clinic
3830 E. Van Buren St.
Phoenix, AZ 85008

 Glendale Clinic
6975 W Glendale Ave.
Phoenix, AZ 85303

 Goodyear Clinic
140 N. Litchfield Rd. #106
Goodyear, AZ 85338













 Maryvale Clinic
6601 W. Thomas Rd.
Phoenix, AZ 85033







 Tempe Clinic
1840 E. Broadway Rd.
Tempe, AZ 85282

 602-243-7277
www.MountainParkHealth.org

*Pediatric openings, limited adult appointments
at all offices*

Community Resources


-  **Native Health Center**
4041 N. Central Ave., Bldg. C
Phoenix, AZ 85012
 602-279-5262
 www.NativeHealthPhoenix.org
-  **NHW Community Health Center**
2423 W. Dunlap Ave. Suite 140
Phoenix, Arizona 85021
 602-279-5262
 www.NativeHealthPhoenix.org
-  **Native Health Mesa**
777 W. Southern Ave.
Mesa, AZ 85210
 602-279-5262
 www.NativeHealthPhoenix.org
-  **Phoenix College Dental Hygiene Clinic**
1202 W. Thomas Rd.
Phoenix, AZ 85013
 602-285-7323
 <https://www.phoenixcollege.edu/community/community-services/dental-clinic>


-  **Pima Community College Hygiene Clinic - Cleaning, Exam, X-Ray**
2202 W. Anklam Rd.,
Science Bldg. K, Room 212
Tucson, AZ 85709
 520-206-6090
 <https://www.pima.edu/student-resources/support-services/health-wellness-safety/dental-hygiene-clinic/index.html>
Note: *may take several visits*
-  **Sun Life Family Health Center - Family Dental**
865 N. Arizola Rd.
Casa Grande, AZ 85122
 520-381-0381
 www.sunlifefamilyhealth.org


Assistance with Care Directives, Directive Forms, Information, and Related Legal Matters

Contact Information


Arizona Attorney General's Office


 2005 N. Central Ave.
Phoenix, AZ 85004


 602-542-5025
Tucson: 520-628-6504
Prescott: 928-778-1265

 www.azag.gov

Department of Economic Security Arizona Aging and Adult Administration


 1789 W. Jefferson St.,
Mail Drop 6216
Phoenix, AZ 85007


 602-542-4446

 <https://des.az.gov/blocks/senior>


APACHE, GILA AND NAVAJO COUNTIES


White Mountain Legal Aid –
A division of Southern Arizona
Legal Aid

 928-537-8383
800-658-7958

 1052 E. Deuce of Clubs, Suite C
Show Low, AZ 85901


White Mountain Apache Legal
Services


 1-928-338-4845
1-866-312-2291

 101 General Crook St.
Fort Apache, AZ 85926

COCONINO COUNTY


DNA People's Legal Services


 928-774-0653
800-789-5781

 2323 E. Greenlaw Ln., Suite 1
Flagstaff, AZ 86004

GRAHAM/GREENLEE AND COCHISE COUNTIES


Southern Arizona Legal Aid


 520-432-1639
800-231-7106


 1601 Paseo San Luis, Suite 105
Sierra Vista, AZ 85635


LA PAZ/YUMA COUNTIES

Community Legal Services

 928-782-7511
800-424-7962

 204 S. First Ave.
Yuma, AZ 85364


 928-627-8023
800-356-7115


 845 E. B St. Suite #1
San Luis, AZ 85349

 www.clsaz.org

MARICOPA COUNTY

Community Legal Services


 602-258-3434
800-852-9075

 305 S. 2nd Ave.
Phoenix, AZ 85003

 www.clsaz.org

MOHAVE COUNTY


Community Legal Services


 928-681-1177
800-255-9031

 2701 E. Andy Devine, Suite 400
Kingman, AZ 86401


NAVAJO AND HOPI NATIONS


DNA – Chinle Agency Office

 928-674-5242


 Chinle Chapter Complex
Chinle, AZ 86503


DNA – Fort Defiance Agency
Office

 928-871-4151
800-789-7287


 North of the ALON gas station, at
the junction of Highways 12 & 264
Window Rock, AZ 86515


DNA – Hopi Legal Services

 928-738-2251


 Highway 264, behind the Hopi Law Enforcement Complex
Keams Canyon, AZ 86034


DNA – Tuba City Agency Office

 928-283-5265


 220 S. Main St.
Tuba City, AZ 86045


DNA - Flagstaff

 928-774-0653

 2323 E. Greenlaw Lane, #1
Flagstaff, AZ 86004


Native American Disability Law Center – Farmington Office


 505-325-8886

 709 N. Butler Ave.
Farmington, NM 87401

PIMA COUNTY

Southern Arizona Legal Aid (SALA)

 520-623-9465
ext. 4122
800-248-6789

 2343 E. Broadway Blvd., Suite 200
Tucson, AZ 85719


Tohono O’odham Legal Services


A division of Southern Arizona Legal Aid

 <https://www.sazlegalaid.org/>

PINAL COUNTY


Southern Arizona Legal Aid


 520-316-8076
877-718-8086

 1729 N. Trezell Rd., Suite 101
Casa Grande, AZ 85122

WHITE MOUNTAIN APACHE TRIBE


White Mountain Apache Legal Aid – A division of Southern Arizona Legal Aid

 928-338-4845

 202 E. Walnut St.
Whiteriver, AZ 85941

YAVAPAI COUNTY

Community Legal Services

 928-445-9240
800-233-5114


 141 S. McCormick St. #200
Prescott, AZ 86303

Advocacy Organizations

Contact Information

Ability 360



Ability 360 offers and promotes programs designed to empower people with disabilities to take personal responsibility to achieve or continue independent lifestyles within the community.

 **Phoenix:** 602-256-2245
800-280-2245
7-1-1 (Arizona Relay)
Gilbert/Mesa: 480-655-9750
Glendale: 602-424-4100
Pima County: 520-449-8375
Pinal County: 520-316-4300

 Ability360.org

Disability Rights Arizona

Disability Rights Arizona, formerly known as the Arizona Center for Disability Law, is a federally designated Protection and Advocacy System for the State of Arizona with unique authorities and responsibilities. These include the power to investigate reports of abuse and neglect and violations of the rights of persons with disabilities. This organization is authorized to pursue appropriate legal and administrative remedies on behalf of persons with disabilities to insure their constitutional and statutory rights.

 **Phoenix Office:**
5025 E. Washington St., Suite 202
Phoenix, AZ 85034
 602-274-6287
800-927-2260

 **Tucson Office:**
177 N. Church Ave., Suite 800
Tucson, AZ 85701
 520-327-9547
800-922-1447



 **Flagstaff Office:**
1515 E. Cedar Ave., Suite D1
Flagstaff, AZ 86004
 602-274-6287
800-927-2260

 www.azdisabilitylaw.org

Division of Aging and Adult Services Long-Term Care Ombudsman

The primary purpose of the Long Term Care Ombudsman Program is to identify, investigate, and resolve complaints made by or on behalf of residents of long-term care facilities, including:

- Educating residents, families, facility staff, and the community about long-term care issues and services
- Promoting and advocating for residents' rights
- Assisting residents in obtaining needed services
- Working with and supporting family and resident councils
- Empowering residents and families to advocate for themselves.




 602-542-6454 ext. 9
 <https://des.az.gov/LTCOP>

Behavioral Health Advocates and Advocacy Systems

Contact Information





Arizona Behavioral Health Corporation

Provides quality, affordable housing and supportive services for persons with behavioral health needs.

 501 E. Thomas Rd.
Phoenix, AZ 85012
 602-712-9200
 <https://azabc.org>



Disability Rights Arizona

Disability Rights Arizona, formerly known as the Arizona Center for Disability Law, is a federally designated Protection and Advocacy System for the State of Arizona with unique authorities and responsibilities. These include the power to investigate reports of abuse and neglect and violations of the rights of persons with disabilities. This organization is authorized to pursue appropriate legal and administrative remedies on behalf of persons with disabilities to insure their constitutional and statutory rights.

Phoenix Office:
 5025 E. Washington St., Suite 202
Phoenix, AZ 85034
 602-274-6287
800-927-2260
Tucson Office:
 4539 E. Ft. Lowell Rd.
Tucson, AZ 85712
 520-327-9547
800-922-1447
 <https://disabilityrightsaz.org/>

AHCCCS Office of Individual and Family Affairs (OIFA)

The AHCCCS Office of Individual and Family Affairs (OIFA) promotes recovery, resiliency, and wellness for individuals with mental health and substance use challenges. Each OIFA team member has lived experience with behavioral health challenges, either from their own experiences of recovery or from directly supporting someone through their recovery.

 OIFA@azahcccs.gov
 <https://www.azahcccs.gov/AHCCCS/HealthcareAdvocacy/OIFA.html>



Division of Developmental Disabilities CARES Administration Office of Individual and Family Affairs

CARES stands for Community, Advocacy, Resolution, Engagement, and Support. The DDD CARES Administration includes Subject Matter Experts (SMEs) that provide education, guidance and assistance on a variety of topics.

 1-844-770-9500 option 1
 dddoifa@azdes.gov
 <https://des.az.gov/ddd/cares>




National 988 Suicide and Crisis Lifeline

Offers free 24 hour hotline available to anyone in suicidal crisis or emotional distress.

 Call or Text: 988
Chat: 988lifeline.org/chat
 <https://988lifeline.org/>




Arizona Coalition Against Sexual and Domestic Violence

Providers of direct services to victims and survivors of sexual and domestic violence. The coalition works to increase public awareness about the issue of domestic violence, enhance the safety of and services for sexual and domestic violence victims and survivors, and end sexual and domestic violence in Arizona communities.

 2700 N. Central Ave., Suite 1100
Phoenix, AZ 85004
 602-279-2900
800-782-6400
AZ Relay Service 7-1-1
 <https://www.acesdv.org>


Mental Health America of Arizona


Mental Health America of Arizona (MHA AZ), educates the community and advocates for all individuals and families impacted by mental illness.


 5110 N. 40th St., Suite 107
Phoenix, AZ 85018
 602-576-4828
 <https://www.mhaarizona.org>

National Alliance on Mental Illness (NAMI) Valley of the Sun

The National Alliance on Mental Illness is dedicated to building better lives for the millions of Americans affected by mental illness. NAMI provides education programs to help families get the support and information they need, provide free referrals, information and support, and raise public awareness to those in need.


 5025 E. Washington St., Suite 112
Phoenix, AZ 85034


 800-950-6264
Text "Helpline" to 62640
Chat: nami.org/help
In crisis: Call or text 988

 <https://www.nami.org>

Office of Human Rights - AHCCCS


Provides advocacy to individuals with a Serious Mental Illness (SMI) to help them understand, protect and exercise their rights, facilitate self-advocacy through education and to obtain access to behavioral health services in the public behavioral health system in Arizona.


 **Phoenix:** 602-364-4585
Toll Free: 1-800-421-2124


 <https://www.azahcccs.gov/OHR>

Office of the Public Advocate - Maricopa County

This office protects the fundamental rights of juveniles, parents and adults facing court evaluation and court ordered mental health treatment by providing effective legal representation.


 3131 West Durango, 3rd Floor
Phoenix, AZ 85009


 602-372-2815
602-372-9560


 [https://www.maricopa.gov/568/
Public-Advocate](https://www.maricopa.gov/568/Public-Advocate)


Special Assistance

Members who have a Serious Mental Illness (SMI) designation may meet criteria to receive Special Assistance. Special Assistance is support provided to an individual who is unable due, to a specific condition, to communicate his/her preferences and/or to participate effectively in the development of their service plan, discharge plan, the appeal process and/or grievance/investigation process. Special Assistance criteria is assessed by mental health providers.

 801 E. Jefferson St.
Phoenix, AZ 85034

 **Phoenix:** 602-364-4585

 **Toll Free:** 1-800-421-2124

 <https://www.azahcccs.gov/OHR>

Valleywise Health

Valleywise Health is the Phoenix area's only public teaching health system. We are governed by a publicly elected Board of Directors focused on exceptional care for all who turn to Valleywise Health. Valleywise has three locations in Maricopa County focused on behavioral health.

 602-344-5011
 For appointments:
833-855-9973
 www.valleywisehealth.org





ALTCS Advocacy

Contact Information

Ability 360

Ability 360 offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.

Other offices in Glendale, Pima County and Pinal/Gila counties.

 5025 E. Washington St., Suite 200
Phoenix, AZ 85034
 602-256-2245
800-280-2245
7-1-1 (Arizona Relay)
 **Gilbert/Mesa:** 480-655-9750
Glendale: 602-424-4100
Pima County: 520-449-8375
Pinal County: 520-316-4300
 <https://ability360.org/advocacy/>

Disability Rights Arizona

Disability Rights Arizona, formerly known as the Arizona Center for Disability Law, is a federally designated Protection and Advocacy System for the State of Arizona with unique authorities and responsibilities, including the power to investigate reports of abuse and neglect and violations of the rights of persons with disabilities. Authorized to pursue appropriate legal and administrative remedies on behalf of persons with disabilities to insure their constitutional and statutory rights.

 **Phoenix Office:**
602-274-6287
800-927-2260
 **Tucson Office:**
520-327-9547
800-922-1447
 **Flagstaff Office:**
602-274-6287
800-927-2260
 <https://www.azdisabilitylaw.org>

Disability Benefits 101


DB101 helps people with disabilities and service providers understand the connections between work and benefits. DB101 will help make informed choices and show how to make work part of your plan. DB101 provides information to learn about benefits program and rules around work, calculators to get results tailored to plan and set goals or work, tips for success for individual situations, provide experts to find answers to your questions, and connect to community resources to help understand your next steps and situation.

 <https://az.db101.org/>

Division of Aging and Adult Services Long Term Care Ombudsman Hotline

The primary purpose of the Long Term Care Ombudsman Program is to identify, investigate, and resolve complaints made by or on behalf of residents of long-term care facilities, including:

- Educating residents, families, facility staff, and the community about long term care issues and services
- Promoting and advocating for residents' rights
- Assisting residents in obtaining needed services
- Working with and supporting family and resident councils
- Empowering residents and families to advocate for themselves.

 602-542-6454 ext. 9

 <https://des.az.gov/LTCOP>




Independent Living Research Utilization

The Independent Living Research Utilization (ILRU) program is a national center for information, training, research, and technical assistance in independent living. Its goal is to expand the body of knowledge in independent living and to improve utilization of results of research programs and demonstration projects in this field.

 <https://www.ilru.org/>




Legal Aid Maricopa County

Community Legal Services
*(Additional Legal Aid assistance for other counties,
please see pages 16-17)*

 305 S. 2nd Ave.
Phoenix, AZ 85036-1538
 602-258-3434
800-852-9075
 <https://www.clsaz.org/>




Arizona Department of Housing

The Arizona Department of Housing funds quality, affordable housing to benefit all Arizonans. It also ensures safe manufactured buildings throughout the state.

 1110 W. Washington #280,
Phoenix, AZ 85007
 602-771-1000
 <https://housing.az.gov>

Low Income Housing Services

The housing authority of Maricopa County improves the quality of life of families and strengthens communities by developing and sustaining affordable housing programs; and to become a leading housing authority by exemplifying best practices, offering innovative affordable housing programs, and expanding accessibility throughout Maricopa County.

 8910 N. 78th Ave.
Peoria, AZ 85345
 602-744-4500
TDD: 602-744-4540
 <https://maricopahousing.org/>

Tobacco Cessation

One of the most important ways you can improve your health is to stop smoking. You can get help with quitting. Talk to your doctor. The Arizona Smoker's Helpline (ASHLine) can also help you with quitting. ASHLine can give you information about programs and services.

You can call **ASHLine** at 800-556-6222 (TTY/TDD 711) or visit <https://www.azdhs.gov/ashline/>.

ASHLine Quit Coaching is a free smoking cessation program that helps people quit any kind of tobacco. A Quit Coach helps and encourages you through every stage of quitting. Need Help Now? Call 800-556-6222 or go to <https://www.azdhs.gov/ashline/>.

The American Lung Association's, "Freedom from Smoking" program is a proven way to quit smoking, even if you've tried before and went back to smoking. Call 800-586-4872 or visit www.freedomfromsmoking.org/. You will be able to share your experiences with others going through the same thing in our online community support group. Get live support from the quit-smoking specialists at the Lung HelpLine at: www.freedomfromsmoking.org/lung-helpline/.

For more information on Tobacco Free Arizona, visit <https://www.azdhs.gov/prevention/chronic-disease/tobacco-free-az/index.php> or call 1-800-556-6222.



DEPARTMENT OF
ECONOMIC SECURITY

Division of Developmental Disabilities

Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities Customer Service Center at 1-844-770-9500; TTY/TDD Services: 7-1-1 • Disponible en español en línea o en la oficina local