

Family Caregiver Support Program Eligibility:

Family Caregivers are:

- Family members or other individuals providing in-home and community care to an older adult or any individual with Alzheimer's Disease or a related neurological disorder.
- A parent, grandparent or other relative by blood, marriage or adoption providing care to an individual with a disability.
- Grandparents/step-grandparents or older relative caregivers (by blood, marriage or adoption) who is 55 years of age or older who:
 - ✓ Lives with the child who is not more than 18 years of age
 - ✓ Is an adult between 19 and 59 years of age with a disability (the caregiver cannot be the parent)
 - ✓ Is the primary caregiver of the child
 - ✓ Has a legal relationship to the child as legal custody, adoption, guardianship, or is raising the child informally.

Contact your local Area Agency on Aging to inquire additional information on services in your area.

For more information about respite services in Arizona, call the Arizona Caregiver Coalition's Caregiver Resource Line at 888-737-7494



Area Agency on Aging Contact Information

The DES Division of Aging and Adult Services funds non-medical home and community-based services and supports the Area Agencies on Aging (AAA) to provide caregiver support services and other programs and services for older adults and individuals with disabilities.

Maricopa County

Area Agency on Aging, Region One
Phone: (602) 264-2255

Pima County

Pima Council on Aging, Region Two
Phone: (520) 790-0504

Yavapai, Coconino, Navajo, Apache Counties

Northern Arizona Council of Governments, Region Three
Phone: 1 (877) 521-3500

Mohave, La Paz, Yuma Counties

Western Arizona Council of Governments, Region Four
Phone: 1 (800) 782-1886

Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens, Region Five
Phone: 1 (800) 293-9393

Cochise, Graham, Greenlee, Santa Cruz Counties

SouthEastern Arizona Governments Organization,
Region Six
Phone: (520) 432-2528

Navajo Nation

Navajo Area Agency on Aging, Region Seven
Phone: (928) 871-6869

Inter Tribal Council of Arizona

Inter Tribal Council of Arizona, Inc., Region Eight
Phone: (602) 258-4822

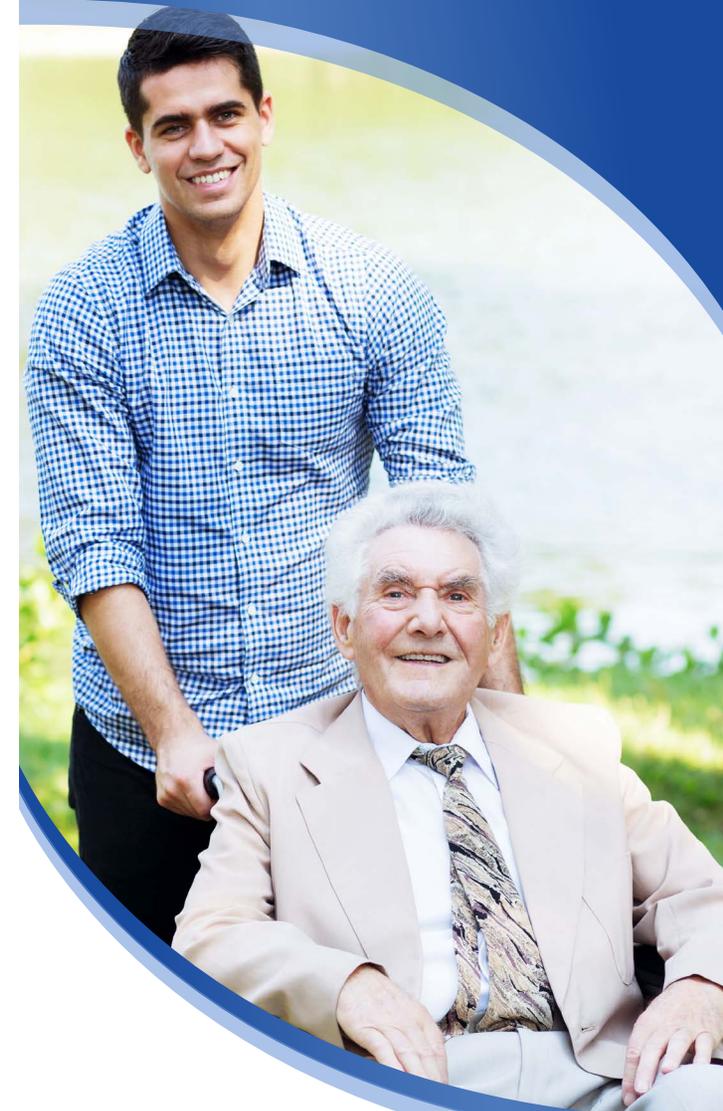
Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services 7-1-1 • Disponible en español en línea o en la oficina local

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DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



Family Caregiver Support Program

Are you a Family Caregiver?

Family Caregivers provide the vast majority of the assistance that enables older Arizonans and those with disabilities to live independently in their homes and communities. Caregivers can also include grandparents raising grandchildren.

What is the Family Caregiver Support Program?

The program offers five direct services to family caregivers including:

- **Information** about available services.
- **Assistance** in gaining access to supportive services.
- Individual counseling, organization of support groups, and training to assist caregivers in making decisions and solving problems relating to their roles.
- **Respite care** to enable caregivers to be temporarily relieved from their caregiving responsibilities.
- **Supplemental services**, on a limited basis, to complement the care provided by caregivers.

The Family Caregiver Support Program is provided through your local Area Agency on Aging (AAA).

Not all services are available in all regions, contact your local AAA for more information.



The Family Caregiver Support Programs offer caregiver supportive programs, services and resources including:

- Caregiver support groups
- Peer counseling sessions
- Supportive intervention/guidance counseling
- Memory Cafes
- Evidence based caregiver sessions
- Caregiver training/workshops
- Caregiver conferences
- Community education and presentations
- Grandparents raising grandchildren or kinship support groups
- Kinship training/workshops
- Case management
- Respite care services
- In home and adult day healthcare respite
- Emergency respite care

On a limited basis:

- Supplemental services family caregiver
- Supplemental services kinship caregivers
- Adaptative aids and devices
- Home repair/renovation



Area Agencies on Aging

An Area Agency on Aging (AAA) is a public or nonprofit private agency that helps older Arizonans. Many programs are offered in partnership with the Arizona Department of Economic Security (DES) and funded through the Older Americans Act.

To find out more about the AAAs, visit their website at az4a.org.

Being Paid to be a Family Caregiver

The DES Division of Aging and Adult Services does NOT offer any type of program or service by which a caregiver will be paid to care for a spouse, relative, neighbor, other loved one or another person. The only organization that has such a plan in place is the Arizona Long Term Care System (ALTCS).

The application process is started by calling the local AHCCCS/ALTCS office and they will take it from there. Please call the AHCCCS/ALTCS program at (602) 417-6600 or visit their website locator online at the following link: <https://www.azahcccs.gov/members/ALTCSlocations.html>.